

OPSEU Local 560
Your Seneca College
Faculty Union

May 16, 2011

Contact your union at:

union@opseu560.org

or

416-495-1599



THE LOCAL

EXPRESS

Travelling This Summer?

Make sure you obtain **out of country health insurance** for any travel that will take you out of Canada. Sun Life reminds us that the emergency health benefits in our plan are meant only to fill in the gaps left by any temporary insurance you purchase for travelling. Don't take the risk of having expenses declined after you get back. Your travel agent, Blue Cross, Canadian Tire, RBC, the Canadian Automobile Association (CAA) and other insurance providers have travel insurance options at reasonable cost. If you do experience a health emergency while travelling, contact Sun Life first. They are experienced at dealing with health care providers around the world. They'll help you get the services you need and liaise with local health authorities on your behalf.

If you regularly take important medications, ensure you have an adequate supply for your trip in their original containers as dispensed by the pharmacy.

Have a great summer and enjoy your trip!

Did you know?

Vaccines necessary for out of country travel are not all covered under the CAAT Extended Health Care plan, nor are they available via the drug card benefit. To be eligible for the 85% reimbursement (you pay and submit a claim), the vaccine must be on Sun Life's list. Check before you go. Call Sun Life's call centre at 1-800-361-6212 or 416-753-4300, or contact them by e-mail at askus@sunlife.com.